

**Amendments to the Claims**

This listing of claims will replace all prior version, and listings, of claims in the application:

**Listing of Claims:**

1. (Currently amended) An interproximal strip comprising:

a plurality of zones; said plurality of zones comprising at least a first, second, third and fourth zones; wherein:

    said first zone is disposed centrally on said interproximal strip and is substantially smooth on at least a first face of said interproximal strip;

    said second zone is disposed in longitudinal succession of said first zone on said first face of said interproximal strip;

    said second zone comprising a first abrasive;

    said third zone is disposed on said first face of said interproximal strip and is disposed on an opposite side of said first zone with respect to said second zone;

    said third zone comprising a second abrasive material;

    said fourth zone is disposed on a second face of said interproximal strip;

    said fourth zone comprising a third abrasive material. ~~at least three zones arranged in longitudinal succession wherein a middle zone is a central smooth zone flanked by a first integral abrasive specialty zone and a second integral abrasive specialty zone.~~

2. (Canceled)

3. (Canceled)

4. (Currently amended) The interproximal strip of claim ~~[[3]]1~~, wherein said first degree of abrasiveness ~~abrasive and said second abrasive are substantially similar.~~ ~~is approximately equal to said second degree of abrasiveness.~~

5. (Currently amended) The interproximal strip of claim [[3]]1, wherein said first ~~degree of abrasiveness~~abrasive is different than said second ~~degree of abrasiveness~~abrasive.
6. (Currently amended) The interproximal strip of claim 4, wherein said second ~~degree of abrasiveness~~abrasive and said second abrasive are substantially similar, is approximately equal to said third ~~degree of abrasiveness~~abrasive.
7. (Currently amended) The interproximal strip of claim 4, wherein said second ~~degree of abrasiveness~~abrasive is different than said third ~~degree of abrasiveness~~abrasive.
8. (Currently amended) The interproximal strip of claim 5, wherein said second ~~degree of abrasiveness~~abrasive and said second abrasive are substantially similar, is approximately equal to said third ~~degree of abrasiveness~~abrasive.
9. (Currently amended) The interproximal strip of claim 5, wherein said second ~~degree of abrasiveness~~abrasive is different than said third ~~degree of abrasiveness~~abrasive.
10. (Currently amended) A method of interproximal reduction comprising:  
inserting an interproximal strip, said interproximal strip comprising a plurality of zones; said plurality of zones comprising at least a first, second, third and fourth zones; wherein:  
said first zone is disposed centrally on said interproximal strip and is substantially smooth on at least a first face of said interproximal strip;  
said second zone is disposed in longitudinal succession of said first zone on said first face of said interproximal strip;  
said second zone comprising a first abrasive;  
said third zone is disposed on said first face of said interproximal strip and is disposed on an opposite side of said first zone with respect to said second zone;  
said third zone comprising a second abrasive material;  
said fourth zone disposed on a second face of said interproximal strip;

said fourth zone comprises a third abrasive material, between two adjacent teeth at said first zone; a central smooth zone of said interproximal strip wherein said central smooth zone is flanked by a first integral abrasive specialty zone and a second integral abrasive specialty zone; and

creating a space between said adjacent teeth by abrading said teeth with at least said first face of said interproximal strip, first integral abrasive specialty zone with a first degree of abrasiveness; and

increasing said space by abrading said teeth with said second integral abrasive specialty zone with a second degree of abrasiveness on a front side and a third degree of abrasiveness on a rear side of said second integral specialty zone.

11. (Currently amended) The method of interproximal reduction of claim 10, wherein said first degree of abrasiveness abrasive and said second abrasive are substantially similar, is approximately equal to said second degree of abrasiveness.

12. (Currently amended) The method of interproximal reduction of claim 10, wherein said first degree of abrasiveness abrasive is different than said second degree of abrasiveness abrasive.

13. (Currently amended) The method of interproximal reduction of claim 11, wherein said second degree of abrasiveness abrasive and said second abrasive are substantially similar, is approximately equal to said third degree of abrasiveness.

14. (Currently amended) The method of interproximal reduction of claim 11, wherein said second degree of abrasiveness abrasive is different than said third degree of abrasiveness abrasive.

15. (Currently amended) The method of interproximal reduction of claim 12, wherein said second degree of abrasiveness abrasive and said second abrasive are substantially similar, is approximately equal to said third degree of abrasiveness.

16. (Currently amended) The method of interproximal reduction of claim [[+3]]12, wherein ~~second-degree of abrasiveness~~abrasive is different than ~~third-degree of abrasiveness~~abrasive.

17. (New) The method of interproximal reduction of claim 10 further comprising: increasing said created space by abrading said teeth with said first and second faces of said interproximal strip.